

GEAR LIST FOR A BASIC BACKPACKING WEEKEND
CLOTHING AND GEAR CHECK LIST FOR ADVENTURE TRIPS

WARM WEATHER CLOTHING

CHECK LIST FOR HIKING, CAMPING, AND BACKPACKING

THIS LIST IS DESIGNED FOR A WEEKEND TRIP. EXPERIENCED SCOUTS MAY WANT TO LIMIT THE ITEMS TO SAVE WEIGHT IN THEIR BACKPACK. REMEMBER, WHEN BACKPACKING EVERY OUNCE COUNTS!

- _____ 2X SHORT SLEEVE SHIRT, TO WEAR DURING THE DAY
- _____ 1X T-SHIRT AND NYLON SHORTS USED ONLY FOR SLEEPING
- _____ 1X HIKING SHORTS (ZIP OFF PANTS/SHORTS WILL DECREASE THE SPACE USAGE IN A BACKPACK)
- _____ 1X FRICTION SHORTS FOR BACKPACKING OR BIKING (IF CHAFFING IS A PROBLEM)
- _____ 1X COMFORTABLE CAMP SHOES (CROCKS) (OPEN TOED SHOES ARE NOT ALLOWED. EX: SANDALS)
- _____ 1X SWIMMING TRUNKS (IF SWIMMING IS PLANNED)
- _____ 1X BACKPACK (WHEN PURCHASING A BACKPACK IT IS ADVISED TO DISCUSS OPTIONS WITH LEADERS)
- _____ 1X LONG PANTS (**JEANS ARE NOT A GOOD OPTION**)
- _____ 1X SWEATER OR WARM JACKET (WOOL OR SYNTHETIC, TO SAVE ON WEIGHT IN A BACKPACK THE RAIN JACKET CAN SERVE A DUAL PURPOSE ON COOL NIGHTS. IF A JACKET IS PREFERRED, FLEECE IS A GOOD OPTION)
- _____ 1X EXTRA UNDERWEAR
- _____ 1X HIKING BOOTS (WATERPROOF)
- _____ 2X SOCKS (WOOL OR SYNTHETIC)
- _____ 1X HAT WITH A BRIM FOR SHADE
- _____ 1X BANDANA
- _____ 1X RAIN GEAR (PONCHOS ARE NOT ACCEPTABLE AND POSE A CHOCKING HAZARD IF THE SCOUT FALLS)
- _____ 1X POCKET KNIFE (SCOUT MUST HAVE ON HIS PERSON, TOTIN' CHIP)
- _____ 2X NALGENE BOTTLES HYDRO-PACK IS ACCEPTABLE TO SUBSTITUTE FOR ONE BOTTLE WHEN BACKPACKING.
THIS VERY IMPORTANT, IF A CREEK IS NOT AVAILABLE, YOU MAY RUN OUT OF WATER.)
- _____ 1X SMALL HEADLAMP (LARGE FLASHLIGHTS ARE NOT A GOOD OPTION)
- _____ 1X SUN SCREEN
- _____ 1X COMPASS
- _____ 1X PERSONAL GEAR (PLATE, CUP, FORK, KNIFE AND SPOON)
- _____ 1X SLEEPING BAG
- _____ 1X SLEEPING PAD
- _____ 1X TENT (EACH BOY SCOUT MUST HAVE A TENT MATE)
- _____ 1X BUG SPRAY (PERCENTAGE OF DEET WILL VARY DEPENDING UPON THE TRIP)
- _____ 1X SMALL UNSCENTED DEODORANT
- _____ 1X SMALL TOOTHBRUSH
- _____ 1X SMALL PEPPERMINT FLAVORED TOOTHPASTE
(MOST ANIMALS ARE NOT ATTRACTED TO PEPPERMINT)
- _____ 1X SMALL BOTTLE OF BIO-DEGRADABLE SOAP IF BATHING WILL BE PART OF THE ACTIVITY
- _____ 1X LIP BALM

COLD WEATHER CLOTHING CHECK LIST FOR HIKING, CAMPING, AND BACKPACKING
THIS LIST IS DESIGNED FOR A WEEKEND TRIP. EXPERIENCED SCOUTS MAY WANT TO LIMIT THE ITEMS TO
SAVE WEIGHT IN THEIR BACKPACK. REMEMBER, WHEN BACKPACKING EVERY OUNCE COUNTS!

- _____ 1X LONG SLEEVE SHIRT (WOOL OR SYNTHETIC)
- _____ 1X LONG PANTS (WOOL OR SYNTHETIC) (JEANS ARE NOT THE BEST OPTIONS)
- _____ 1X T-SHIRT AND NYLON SHORTS USED ONLY FOR SLEEPING
- _____ 1X SWEATER OR WARM JACKET (WOOL OR SYNTHETIC.
TO SAVE ON WEIGHT IN A BACKPACK THE RAIN JACKET
CAN SERVE A DUAL PURPOSE ON COOL NIGHTS. IF A JACKET IS PREFERRED,
FLEECE IS A GOOD OPTION)
- _____ 1X LONG UNDERWEAR (WOOL OR SYNTHETIC)
- _____ 1X HIKING BOOTS
- _____ 1X COMFORTABLE CAMP SHOES (OPEN TOED SHOES ARE NOT ALLOWED. EX: SANDALS)
- _____ 2X SOCKS (WOOL OR SYNTHETIC)
- _____ 1X INSULATED PARKA OR COAT WITH HOOD
- _____ 1X WARM HAT (WOOL OR SYNTHETIC)
- _____ 1X GLOVES
- _____ 1X RAIN GEAR
- _____ 1X EXTRA UNDERWEAR FOR LONG TRIPS
- _____ 1X COMPASS
- _____ 1X PERSONAL GEAR (PLATE, CUP, FORK, KNIFE AND SPOON)
- _____ 1X SLEEPING BAG
- _____ 1X SLEEPING PAD
- _____ 1X BUG SPRAY (PERCENTAGE OF DEET WILL VARY DEPENDING UPON THE TRIP)
- _____ 1X POCKET KNIFE (SCOUT MUST HAVE ON HIS PERSON, TOTIN' CHIP)
- _____ 2X NALGENE BOTTLES HYDRO-PACK IS ACCEPTABLE TO SUBSTITUTE
FOR ONE BOTTLE WHEN BACKPACKING.
THIS VERY IMPORTANT, IF A CREEK IS NOT AVAILABLE, YOU MAY RUN OUT OF WATER.)
- _____ 1X SMALL HEADLAMP (LARGE FLASHLIGHTS ARE NOT A GOOD OPTION)
- _____ 1X FRICTION SHORTS FOR BACKPACKING AND BIKING (IF CHAFFING IS A PROBLEM)
- _____ 1X SMALL UNSCENTED DEODORANT
- _____ 1X SMALL TOOTHBRUSH
- _____ 1X SMALL PEPPERMINT FLAVORED TOOTHPASTE
(MOST ANIMALS ARE NOT ATTRACTED TO PEPPERMINT)
- _____ 1X SMALL BOTTLE OF BIO-DEGRADABLE SOAP IF BATHING WILL BE PART OF THE ACTIVITY
- _____ 1X LIP BALM